

Newmarket AFG Thursday Night



**Save
the
Date**

We invite you to an Al-Anon Day of
**Recovery through
the Traditions**

Featuring Al-Anon with AA participation

Saturday July 20th.
570 Steven Court, Newmarket

- ▲ Traditions Meditation sound bath to start the day
- ▲ Panels, speakers, workshops
- ▲ Literature table, lunch for purchase, door prizes



7th Tradition
Doors Open at 9:00am

