

DISTRICT 6 MEETING MINUTES

Date: October 9th, 2021

Virtual Meeting chaired by Tannis R.
Minutes taken by Cyndi W.

“Moving Forward with Unity, Courage and Perseverance”

In Attendance

Tannis R.	Steps to Serenity AFG	DR
Melissa Z.	Steps to Serenity AFG	member representing group
Lesley W	Steps to Serenity AFG	District Treasurer
Steven B	Saturday Night Wisdom AFG	District Advisor- representing group vote
Loraine	Byron Tues Afternoon AFG	GR
Matt	East 58th AFG	GR
Jacqui	Al-Anon Works AFG	GR
Shannon K	Al-Anon Works AFG	Public Outreach Coordinator
Betsi	Al-Anon Works AFG	visitor/PO
Gwen	Al-Anon Works AFG	Ontario South Delegate
Liz B	Spiritual Circle AFG	GR
Karen T	One Day At A Time AFG	GR
Pat G.	Friendly Thurs Afternoon AFG	GR
Nancy F.	Friendly Thurs Afternoon AFG	Phone line Coordinator
Cyndi W.	Higher Power & I AFG	AGR/District Secretary
Irene M	Future Hope AFG	Coordinator- E.M.D.C. Womens' Unit
Alex R		Visitor

Voting Members in Attendance (only GRs or those representing groups vote)

Loraine	Byron Tues Afternoon AFG	GR
Jacqui	Al-Anon Works AFG	GR
Liz B	Spiritual Circle AFG	GR
Karen T	One Day At A Time AFG	GR
Pat G.	Friendly Thurs Afternoon AFG	GR
Irene M	Future Hope AFG	Coordinator- E.M.D.C. Womens' Unit
Steven B	Saturday Night Wisdom AFG	District Advisor- representing group vote
Melissa Z.	Steps to Serenity AFG	member representing group
Matt	East 58th AFG	GR
Cyndi W.	Higher Power & I AFG	Alt GR/District Secretary

Meeting started at 9:33 am

1. Moment of Silence followed by the Serenity Prayer.

2. 12 Traditions read by Loraine; Twelve Concepts of Service read by Pat G.; Warranties read by Liz B.

3. Introductions by name, group, position. Attendance recorded by Cyndi and whereby group reports are not submitted by email, short notes may be referenced. 10 voting members, 6 to pass vote.

4. Minutes of Previous Meeting. Errors or omissions: Cyndi noted misspelling of Jacqui name on item 2 on pg.1, Irene noted naming of “Women's Jail” to be updated to “E.M.D.C. Womens' Unit” and Trish to be listed as “member representing group”, not “GR”. Motion to accept the minutes as amended: Pat G.; 2nd Karen. carried unanimously.

5. Treasurer's Report. Errors or omissions: None could be reviewed from last month due to timing. Funds discussion in Old/New Business item 1. Motion to accept the Treasurer's September Report tabled.

Use Email address district6treasurer@hotmail.com for group contributions and 7th tradition donations. Reference group name and reason in comments on e-transfer.

6. Group Representative & Coordinator Reports:

One Day At A Time AFG. Karen e/r: Our group has 10-12 in attendance weekly. We had our October business meeting this past week. The group is going well. -Monday afternoon -**Zooms**

Central AFG. Jill emailed/Cyndi reporting: The group is going well although we still need a G.R. Approx 6 - 11 people attend weekly meetings and no newcomers for a while. I called Colborne United Church to touch base. They have in person Church service and Nursery school in the basement. I spoke to the Secretary and she says because of safety precautions, the Al-Anon Groups cannot come back yet. Our Group is fine with meeting on zoom. Our next business meeting is Oct 18. We will be hosting the FNOSM on Nov 5. Monday Night -**Zooms**

Just for Today AFG. no report. Monday Night -no Zoom reference

Helping Hands AFG. no report. Tues afternoon -no Zoom reference

Byron Tuesday Afternoon AFG. Loraine e/r: Byron Tuesday Afternoon AFG has been meeting online weekly all summer, with fewer members than at other seasons, now about 10 to 12 Zoom attendance, including new and returning members. We have been holding our regular business meetings. Our Treasurer is reporting a sound financial position with donations coming in mostly as monthly e-transfers. We are still on Zoom but returning to our locale is a topic of discussion and we will welcome guidance and suggestions. -**Zooms**

East 58th AFG. Matt e/r: Jane and I spoke and she sent me this information. East 58 is still meeting at the Senior Centre, 525 Hamilton Rd. until at least the first Tuesday of Nov. We are still looking for a less expensive place that has a place we can store our literature. We do not have a cupboard here and all the stuff that was in the cupboard at All Saints are with Jane. Not many places are accepting tenants right now but we hope it will open up soon with the passport business in place. As we meet in a city owned location proof of vaccination is required to attend the meeting and all other COVID 19 protocols are followed. We have had as many as 13 in a meeting and seem to average about 8. Jane and I are planning to have a Hybrid business meeting on October 19th-Tuesday night -**Zooms & FTF**

Al-Anon Works AFG. Jacqui e/r: Our group continues to meet on Zoom for Wed night meetings. 15 or so people at most meetings. Continue to use e-transfer to our secretary for 7th tradition. Financially we are ok. Had an extra business meeting to discuss matters for assembly. GR and AGR are unable to attend all of the meetings so another member has agreed to be our voting member. -Wednesday night -**Zooms**

Friendly Thursday Afternoon AFG. Pat e/r: We continue to meet via Zoom as our venue for in-person meetings is a church that hasn't reopened yet for anything but Sunday worship. We averaged 12 attendees with a range from 9-16 in September. Our finances are in good shape. We send cheques to our Treasurer for the 7th Tradition. We were blessed to have Lesley W. attend our Sept. 30th business meeting to share about her work as the District 6 Treasurer and answer questions for us. Our next business meeting will be on Oct. 28th after the regular meeting. -**Zooms**

Higher Power and I AFG. Cyndi reported: We hosted the FNOSM on Oct. 1st with good attendance and excellent share from our speaker. Our finances are in good standing. We have group literature and hold monthly business meetings. We have steady attendance of 8-10 at our zoom meetings-Thurs evening-**Zooms**

No Guff 12 & 12 AFG. no report-- Thurs evening - no Zoom reference

Spiritual Circle AFG. Liz B. e/r: Spiritual Circle continues to have good turnout to its' Saturday/Sunday Zoom meetings. Our Business meeting was held September 18, 2021. Highlights are: Our finances are in order. We have excess prudent reserve funds. We decided to send some to the Men's and Women's prison groups for their future literature needs. We decided that we are very happy with our Zoom meetings. We will await committee reports on future hybrid meetings before looking at what is required. A suggestion was made that I ask that District host 2 Zoom lines. SC cannot use the District zoom line as District meetings take place at the same time. SC would be willing to help fund that second line. We have sent out an updated Meeting Format to our members. It contains a new Newcomer welcome and refocuses on using How Al-Anon Works as source material. Sat & Sun mornings -**Zooms**

Saturday Night Wisdom AFG. Steve reported; Still waiting for notification from church to resume meetings. Saturday Night -no zoom reference

Steps to Serenity AFG. Melissa reported: All is well -Sunday evening - **F2F only**

Key to Harmony AFG. No report: Sunday night - no zoom reference

HUGS Alateen. -Sunday night - meetings suspended at this time

Future Hope AFG: Irene reported-no meetings allowed yet— Working on a flyer for volunteers.

Gateway AFG: no report. Need Support- Tannis to Contact Vit

Friday Night Open Speaker Meeting: Next meeting Nov. 5th-hosted by "Central Group AFG" Zoom ID 835 1424 7357 Zoom Password 036 762. Please ask groups about the 2022 schedule--will not be able to go into church.

Phone Line Coordinator: Nancy e/r: Phone lines are going well. There were 21 calls in September. A lot more requests for F2F meetings options.

Public Outreach Coordinator: Shannon e/r: The Public Outreach Committee met this past Thursday evening and are working on a few things. We continue to put ads in the London Free Press online classifieds and in the Coffee News flyer. We have added a second announcement to both of those with information about the Friday Night Open Speaker meeting. We are working on our email blast to agencies and professionals in the area, on connecting with UWO and Fanshawe College about presenting to online classes which formerly happened in person, and on gathering information on the VIP program which was suggested at the last District meeting. Public Service

Announcements (PSAs) have gone out from WSO and PO has a request for GR's--to please ask their group members if anyone has seen or heard those on TV or radio. Please bring those results to the next District meeting. PO is always looking for new members and has lots of service opportunities within the committee. Our next monthly meeting is Thursday, November 11, 2021 on zoom ID 857 3509 3142 Passcode 170535.

*New members and new ideas welcome! Please contact podistrict6afg@hotmail.com
<https://www.london-on-al-anon.org/district6-confidential> password is **District6***

We have small, stand-alone literature display packages available if anyone would like one or more to take somewhere and help carry the message.

Website Coordinator: Requesting Coordinator, Cyndi and Alex volunteered. Alex to be coordinator and Cyndi to support. Meeting with Betsi & Karen in the next week to coordinate duties & next steps. wcdistrict6afg@hotmail.com

SAM Coordinator: no updates

WOC Coordinator: Conference via Zoom Oct.30-see website for details. Al-Anon speaker is at noon

DR report:

7. New/Old Business - Discussion Items

7-1. Assembly 2021 Package - to resend package to contact list -sent Oct.16th

Topics: Area Archives/2022 Budget/Trillium Conference. Discussion on what to forward to the Area for Assembly donation.. Lesley (treasurer) confirmed \$990 available in budget for incidentals. Liz motioned to send \$50, the same as last year. Jacqui 2nd. Carried unanimously.

7-2. District Volunteer Opportunities:

- a. **SAM Coordinator-** no volunteers came forward
- b. **SAMs-**Irene to contact Colleen
- c. **Website Coordinator-** Alex volunteered and to be supported by Cyndi
- d. **Archivist-** no volunteers came forward

7-3. District Meetings in person? Other AFG meetings in person? Liz noted Zoom meetings preferred, others noted newcomers are better supported with face to face meetings. Overall still a lot of concerns with meeting face to face and that Hybrid meetings are better received although technical challenges/questions loom for many. Committee reviewing includes Lesley, Tannis & Karen.

7-4. Beginner Meeting: forwarded to next meeting

7-5. Area Delegate Update-Gwen D.: Gwen shared that the questions we have in our district are the same in the area-- We are not alone. What will meetings look like and how to respect the needs of face to face meetings in the future. She shared the message to be prepared, review our conflict resolution tools and share your Experience, Strength & Hope.

8. Open Forum (as time permits): no time

9. Motion to close meeting at 11:30 am: Pat G, Karen 2nd. Carried

Date of Next Meeting: Saturday, November 13th, 2021, 9:30 - 11:30am.

Zoom reference to be noted on next Agenda (same as FNOSM) ID#:82854430680 P/W:065997

Closing: Al-Anon/Alateen Declaration. Read by all