

DISTRICT 6 MEETING MINUTES

Date: January 8th, 2022

Virtual Meeting chaired by Tannis R.
Minutes taken by Cyndi W.

“Moving Forward with Unity, Courage and Perseverance”

In Attendance

Tannis R.	Steps to Serenity AFG	DR
Steven	Saturday Night Wisdom AFG	District Advisor, representing Group
Colleen	Spiritual Circle AFG	ADR
Lesley W	Steps to Serenity AFG	District Treasure
Loraine	Byron Tues Afternoon AFG	GR
Matt	East 58th AFG	GR
Terri	East 58th AFG	Visitor
Jacqui	Al-Anon Works AFG	GR
Shannon K	Al-Anon Works AFG	Public Outreach Coordinator/AGR
Liz B	Spiritual Circle AFG	GR
Karen T	One Day At A Time AFG	GR/PO
Pat G.	Friendly Thurs Afternoon AFG	GR
Nancy	Friendly Thurs Afternoon AFG	Phone line Coordinator
Diane M.	Higher Power & I AFG	GR
Cyndi W.	Higher Power & I AFG	AGR/District Secretary
Irene M	Future Hope AFG	Coordinator- E.M.D.C. Women's' Unit
Julaine	Central Group AFG	GR

Voting Members in Attendance (only GRs or those representing groups vote)

Julaine	Central Group AFG	GR
Loraine	Byron Tues Afternoon AFG	GR
Matt	East 58th AFG	GR
Jacqui	Al-Anon Works AFG	GR
Liz B	Spiritual Circle AFG	GR
Karen T	One Day At A Time AFG	GR
Pat G.	Friendly Thurs Afternoon AFG	GR
Diane M.	Higher Power & I AFG	GR
Irene M	Future Hope AFG	Coordinator- E.M.D.C. Women's' Unit
Steven	Saturday Night Wisdom AFG	District Advisor, representing Group

Meeting started at 9:30 am

1. Moment of Silence followed by the Serenity Prayer.

2. 12 Traditions read by Diane; Twelve Concepts of Service read by Pat; Warranties read by Liz.

3. Introductions by name, group, position. Attendance recorded by Cyndi and whereby group reports are not submitted by email, short notes may be referenced. 10 voting members, 6 to pass a vote.

4. Minutes of Previous Meeting. Errors or omissions: None- Motion to accept the minutes as is Loraine; 2nd Diane. Carried unanimously.

5. Treasurer's Report. Errors or omissions: Update addition of \$40 check from Friendly Thurs AFG. Motion to accept the Treasurer's report as amended: Karen; 2nd Liz. Carried unanimously.

Use Email address district6treasurer@hotmail.com for group contributions and 7th tradition donations. Reference group name and reason in comments on e-transfer.

6. Group Representative & Coordinator Reports:

One Day At A Time AFG. Karen e/r: Our numbers are increasing, 14-15 per week, some newcomers who are staying. We will be staying on Zoom for the time being. We are hosting the Friday Night Open Speaker Meeting in February. Our finances are good. Monday afternoon -**Zooms**

Central AFG. Julaine e/r: Our meetings are on Zoom. Attendance varies from 8-12 people. All of our service positions are filled. The groups finances are in good standing. We have paid the financial expectation to District, Area and WSO.-Monday Night -**Zooms**

Just for Today AFG. no report. Monday Night -no Zoom reference

Helping Hands AFG. no report. Tues afternoon -no Zoom reference

Byron Tuesday Afternoon AFG. Loraine e/r: I am happy to report that our members keep coming back to work the AI-Anon program. We have well-attended Zoom meetings - 12 to 18members, with new members and visitors. We are holding our business meetings; our finances are in order. -**Zooms**

East 58th AFG. Matt e/r: Matt is the GR and is hosting meetings over Zoom and we are having 10 - 12 people attending on a weekly basis. Jane is now the alternative GR and is hosting meetings at the Egerton Baptist Church on the corner of Egerton and Hamilton and parking is in the back. There are 10-12 people attending in person because the group is deemed to be an essential service. Masks are required, contact tracing is required, and social distancing is required. You don't require proof of vaccination to attend the meetings. If you are having any Covid symptoms don't attend face to face. Tuesday night -**Zooms & FTF**

AI-Anon Works AFG. Jacqui e/r: Continue to meet online and have 15-20 people most weeks Had a business meeting January 5. Treasurer reported that all cheques were in process for District, Area, and WSO. Ended the year financially sound. AGR reported that we will not be going back to Mount Hope as St. Joseph's is no longer renting venues to outside people. We have put a group together to start looking at possibilities once we are back face to face. Discussed service positions and how to find out more about them. Also discussed how to engage newcomers especially when online. We stay after for them if any questions. Often at our meeting, we have everyone read steps or traditions so once they have been to a few meetings, they usually have literature. Want people to feel engaged online. -Wednesday night -**Zooms**

Friendly Thursday Afternoon AFG. Pat e/r: We're averaging 17 or so attendees at each meeting over the past month with quite a few folks who are relatively newcomers. Our financial situation is sound. We ended 2021 with an ample reserve so are ready to go for our 2022 contributions. Our next business meeting will be Jan. 27th. -**Zooms**

Higher Power and I AFG. Diane e/r: We have been meeting in the hybrid format since Dec9th, so far so good. Cyndi W. has committed to be at the church each week; she has been joined by only 2 different members on 2 separate nights. The other nights she has been there by herself, the group agreed to try this format for a 2 month trial. With the combination of zoom and the church, we average approximately 10-15 people most weeks, however up and down over the holidays. We have had newcomers on zoom attend. We have been trying to seek out a treasurer for the last couple months to take over this position. Someone last week did show interest and is considering this position but needs some more information and details from the bank. Business meeting is planned for this coming Thursday night. -Thurs night- **Hybrid**

London West Sharing Hope AFG. no report—Thurs evening - **F2F only**

No Guff 12 & 12 AFG. no report-- Thurs evening - no Zoom reference

Spiritual Circle AFG. Liz B. e/r: Spiritual Circle continues to do well. Our finances are fine. We've had 2 Newcomers attend and are hopeful that they will keep coming back. Handing out Forum to Newcomers as well as How AI-Anon Works. We had a business meeting on December 12, 2021. We struck a committee to look at in-person/hybrid meetings. Our first meeting will be January 8 at 10:35. Sat & Sun mornings -**Zooms**

Saturday Night Wisdom AFG. no report--Saturday Night -no zoom reference

Steps to Serenity AFG. District secretary reporting: All is well -Sunday evening - **F2F only**

Key to Harmony AFG. No report: Sunday night - no zoom reference

HUGS Alateen. -Sunday night - meetings suspended at this time-Website does forward to active electronic meetings

Future Hope AFG: Irene reported-no meetings allowed yet. Looking for volunteers

Gateway AFG: no report.

Friday Night Open Speaker Meeting: 2022 schedule sent. To be loaded on secure district section of our website.

Phone Line Coordinator: District secretary recorded/Nancy reported: The phone line is going well. Call volume is higher than usual and much higher than last year.

Public Outreach Coordinator: Shannon e/r: The Public Outreach Committee will be having its January meeting on Thursday, January 8, 2022 at 6pm on zoom. One of the items for discussion will be information and ideas from the District 6 PO workshop that was held on November 20, 2021. Hoping to come up with some new initiatives for 2022 outreach. We continue to place ads in the London Free Press online classifieds and in Coffee News. Finances are in

order. Next PO meeting is Thursday Jan.13th at 6pm via zoom ID: 857 3509 3142 Passcode: 170535. *New members and new ideas welcome! Please contact podistrict6afg@hotmail.com <https://www.london-on-al-anon.org/district6-confidential> password is **District6** for access to District Menu. We have small, stand-alone literature display packages available if anyone would like one or more to take somewhere and help carry the message.*

Website Coordinator: Alex emailed/Cyndi reported: If any questions contact wcdistrict6afg@hotmail.com Send email confirmation if your group wishes to have Zoom ID's & passwords on the london-on-al-anon.org website meetings page -this would be seen by the public. This information is now on the secured district page.

DR report: Assembly 2021 Minutes and other Documents sent out Jan.4th. Suggest Area donation is **\$110.62** with 305 groups. Trillium Al-Anon event flyer sent out Jan.7th- interested in volunteering on committee, contact Sandy O by Feb.11th...SANDY ODEBUNMI Chairperson Ontario South Assembly 416-420-0221 chairons86@gmail.com

7. New/Old Business - Discussion Items

7-1. 2022 Proposed Budget Review – updated version to be sent with suggested District 6 contribution of **\$202** per group. With 15 groups. Budget not yet approved.

7-2. Friday Night Open Speaker Meeting Schedule -still some openings in the summer and if wish to add in another Friday during the month please send request to Tannis. Future Hope AFG (Women's unit of detention center) has agreed to host November FNOSM along with Gateway (Men's unit of detention center).

7-3. Winter Workshop: KBDM -Knowledge Based Decision Making - What/Why/How

A workshop with an Ontario South Area speaker to facilitate what knowledge-based decision making is and why we have adopted this process. To create focus groups to understand how to implement KBDM with our groups. Discussing 2-3 hr workshop - hoping to offer in person but if not then looking at Hybrid options - In person with zoom access. East 58th and Steps to Serenity would prefer virtual format for workshop. To move to February meeting for more discussion/feedback.

7-4. New In-Person Meeting: London West Sharing Hope AFG. - Thursday night at 6:30pm -St. Aidens Anglican Church- 1246 Oxford St. W.

7-5. District Volunteer Opportunities: Please bring up at meetings - forwarded to next meeting

- a. **Future Hope**
- b. **Gateway**
- c. **SAM Coordinator**
- d. **SAMs**
- e. **Archivist**
- f. **Al-Anon Day Chairperson 2022**
- g. **Friday Night Open Speaker Meeting Coordinator**

8. Open Forum (as time permits): no time

9. Motion to close meeting at 11:08 am: Loraine, Steven 2nd. Carried unanimously

Date of Next Meeting: Saturday, February 12th, 2022, 9:30 - 11:30am.
Zoom reference to be noted on next Agenda (same as FNOSM) ID#:82854430680 P/W:065997

Closing: Al-Anon/Alateen Declaration. Read by all