

DISTRICT 6 MEETING MINUTES

Date: February 12th, 2022

Virtual Meeting chaired by Colleen-ADR
Minutes taken by Cyndi W.

“Moving Forward with Unity, Courage and Perseverance”

In Attendance

Steven	Saturday Night Wisdom AFG	District Advisor, representing Group
Colleen	Spiritual Circle AFG	ADR
Lesley W	Steps to Serenity AFG	District Treasure-stepping down
Shannon K	Al-Anon Works AFG	Public Outreach Co-ord/AGR/prev district treasurer -filling in
Loraine	Byron Tues Afternoon AFG	GR
Matt	East 58th AFG	GR
Jacqui	Al-Anon Works AFG	GR
Liz B	Spiritual Circle AFG	GR
Karen T	One Day At A Time AFG	GR/PO
Pat G.	Friendly Thurs Afternoon AFG	GR
Nancy	Friendly Thurs Afternoon AFG	Phone line Coordinator representing group
Rebecca	Higher Power & I AFG	representing group
Cyndi W.	Higher Power & I AFG	AGR/District Secretary/Website committee
Irene M	Future Hope AFG	Coordinator- E.M.D.C. Women's' Unit
Julaine	Central Group AFG	GR

Voting Members in Attendance (only GRs or those representing groups vote)

Julaine	Central Group AFG	GR
Loraine	Byron Tues Afternoon AFG	GR
Matt	East 58th AFG	GR
Jacqui	Al-Anon Works AFG	GR
Liz B	Spiritual Circle AFG	GR
Karen T	One Day At A Time AFG	GR
Pat G.	Friendly Thurs Afternoon AFG	GR
Rebecca	Higher Power & I AFG	GR
Irene M	Future Hope AFG	Coordinator- E.M.D.C. Women's' Unit
Steven	Saturday Night Wisdom AFG	District Advisor, representing Group

Meeting started at 9:32 am

1. Moment of Silence followed by the Serenity Prayer.

2. 12 Traditions read by Karen; Twelve Concepts of Service read by Rebecca; Warranties read by Nancy.

3. Introductions by name, group, position. Attendance recorded by Cyndi and whereby group reports are not submitted by email, short notes may be referenced. 10 voting members, 6 to pass a vote.

4. Minutes of Previous Meeting. Errors or omissions: Update budget statement on page 3, 7-1 to remove approved with (budget not yet approved)- Motion to accept the minutes as amended Jacqui; 2nd Liz. Carried unanimously.

5. Treasurer's Report. Motion to accept the Treasurer's report tabled to March meeting. Lesley stepped down as treasurer-Shannon to fill in for the remainder of this meeting-Replacement Treasurer required. Reference report sent in January until further notice (to end of December details noted on District 6 Secured site -fyi)

Use Email address district6treasurer@hotmail.com for group contributions and 7th tradition donations. Reference group name and reason in comments on e-transfer.

<https://www.london-on-al-anon.org/district6-confidential> password is **District6** for access. See "District Meeting Reports 2022/2021"

6. Group Representative & Coordinator Reports:

One Day At A Time AFG. Karen e/r: Our group has 14-15 in attendance weekly, sometimes a few more. We hosted the Friday Night Open Speaker meeting February 4th. It took a little while to get into the meeting and thank you to everyone who waited. It was well attended. We're holding regular business meetings. We're working on getting some of our newer members to chair meetings. -Monday afternoon -**Zooms**

Central AFG. Julaine e/r: Our meetings are on Zoom. Attendance varies from 8-12 people. All of our service positions are filled. The groups finances are in good standing. We have paid the financial expectation to District, Area and WSO.-Monday Night -**Zooms**

Just for Today AFG. no report. Monday Night -not active-no Zoom reference

Helping Hands AFG. no report. Tues afternoon -not active-no Zoom reference

Byron Tuesday Afternoon AFG. Loraine e/r: I am happy to report that our members keep coming back to work the Al-Anon program. We have well-attended Zoom meetings - 12 to 18members, with new members and visitors. We are holding our business meetings; our finances are in order. -**Zooms**

East 58th AFG. Matt e/r: Matt is hosting East 58th over Zoom and currently getting 10-12 members, and a few newcomers. East 58th would like to host the Friday night open speaker meeting in June if it is still available. Jane is currently hosting East 58th face to face and has approximately 8 - 12 members and some newcomers. Jane has people write down their phone numbers for contact tracing, and Masks are to be worn. Matt and Jane are talking about the next business meeting for East 58th. Tuesday night -**Zooms & FTF**

Al-Anon Works AFG. Jacqui e/r: Continue to meet online and have 15-20 people most weeks
Next business meeting is March 2. -Wednesday night -**Zooms**

Friendly Thursday Afternoon AFG. Pat e/r: Our group continues to meet virtually using Zoom, with an avg. of 19 people at the meetings. We had a business meeting on Jan. 27th and our treasurer reports we're financially sound. Our next business meeting will be Feb. 25th. We're hosting the Mar. FNOSM and don't have a speaker yet. No one in our group seems interested or willing. I'm not sure how to proceed. -**Zooms**

Higher Power and I AFG. Diane emailed/Rebecca reported: Our meeting continues to run well in the hybrid format. We have had as many as 6 people at the church at one time, which ran well. Grateful for Cyndi's gifts of dealing with Audio and technical details. We have had 5-6 newcomers between the church and zoom that continue to drop in. On average we have had approximately 10-15 members all together. We are in the process of getting the bank account set up with 2 new trusted servants, waiting for Canada post to deliver client cards to complete setup so we can accept e-transfers moving forward. Business meeting planned for this coming Thursday. -Thurs night- **Hybrid**
London West Sharing Hope AFG. Stephanie emailed/District secretary reported: We meet in person on Thursday evenings at St.Aidans Church at 6:30 pm. We are a fledgling group but attendance has been increasing every week since we began in late December. Newcomers to the program have found us easy to locate and welcoming.—Thurs evening - **F2F only**

No Guff 12 & 12 AFG. no report. Thursday Night -not active-no Zoom reference

Spiritual Circle AFG. Liz B. e/r: Spiritual Circle continues to meet on Zoom. Our numbers are increasing. Some weekends we have 20+ attendees. We have a committee meeting next Sunday to review the research info on various venues for future hybrid meetings. Things are good. Sat & Sun mornings -**Zooms**

Saturday Night Wisdom AFG. no report. Saturday night -not active-no Zoom reference

Steps to Serenity AFG. No report- Sunday evening - **F2F only**

Key to Harmony AFG. no report. Saturday Night -not active-no Zoom reference

HUGS Alateen. -Sunday night - meetings suspended at this time-Website does forward to active electronic meetings

Future Hope AFG: Irene reported-no meetings allowed yet. Looking for volunteers

Gateway AFG: no report.

Friday Night Open Speaker Meeting: 2022 schedule sent. Now loaded as "Rotation for 2022" on the secure district section of our website. Password for access is "District6" from DISTRICT menu on london-on-al-anon-org
https://www.london-on-al-anon.org/files/ugd/d788e2_4e637041b8c34e28923f345063abd7a1.pdf

Phone Line Coordinator: Nancy r/e: presently 4 volunteers but 1 is out of the country and 1 is stepping down after years of service therefore I would like to ask groups to ask for volunteers to man the phones for 1 or 2 days per week. Usually we get 0-3 calls per day- February calls 23

Public Outreach Coordinator: Shannon e/r: Public Outreach continues to meet on the second Thursday of each month at 6pm. Zoom ID: 857 3509 3142, passcode: 170535. We have 6 core committee members that attend meetings and about 6 more members that are available for events and activities that stay connected by email.

This past month we started to reach out to the community personally to reconnect with some contacts like Anova, and to make some new connections with paramedics, LCBO's and schools. We also have other new ideas from the PO workshop that took place last November and will keep the District informed as they develop.

New members and new ideas welcome! Please contact podistrict6afg@hotmail.com

<https://www.london-on-al-anon.org/district6-confidential> password is **District6** for access to District Menu.

We have small, stand-alone literature display packages available if anyone would like one or more to take somewhere and help carry the message.

Website Coordinator: Cyndi reported: If any questions contact wcdistrict6afg@hotmail.com We are working on updating all pages and keeping as unseen to public until March 9th. Updates include Zoom ID & passwords on Meetings page, Send email confirmation if your group wishes to have Zoom ID's & passwords on the london-on-al-anon.org website meetings page -this would be seen by the public. This information is now on the secured district page on your confidential contact list. We are looking for members to help support updates. Anyone with webpage design/support/updates is needed. The design platform is very intuitive but some basics are essential. We will be creating an SOP moving forward but we do have backend support currently on a volunteer basis. We do have a comfortable budget line if needs require payment of services.

DR report:

7. New/Old Business - Discussion Items

7-1. 2022 Proposed Budget Review – \$202 per group contribution amount (if 15 groups). Tabled to March District meeting. To re-discuss contribution amount vs # of groups, % to WSO, % to Area. Confusion on suggested %'s. Note: Rule of distribution of funds: Group 1st, then your district, then area, then WSO. Tradition 7.

7-2. Excess Prudent Reserve - Further discussions moved to the March district meeting.

7-3. Winter Workshop: KBDM -Knowledge Based Decision Making - What/Why/How

A workshop with an Ontario South Area speaker to facilitate what knowledge-based decision making is and why we have adopted this process. Tabled to March meeting. Discussing 2-3 hr workshop.

7-4. AI-Anon Day 2022: Committee meeting on Zoom

7-5. District Volunteer Opportunities: Please bring up at meetings - forwarded to next meeting

- a. **Future Hope**
- b. **Gateway**
- c. **SAM Coordinator**
- d. **SAMs**
- e. **Archivist**
- f. **Friday Night Open Speaker Meeting Coordinator**
- g. **District 6 Treasurer**
- h. **WOC Coordinator**
- i. **Phone call responders-1 to 2 days per week**

8. Open Forum (as time permits): Karen: Who is recruiting SAM's?—contact Tannis tannisr1@hotmail.com. Irene asked - what is KBDM answered - **Knowledge Based Decision Making**

9. Motion to close meeting at 11:00 am: Liz, Loraine 2nd. Carried unanimously

Date of Next Meeting: Saturday, March 12th, 2022, 9:30 - 11:30am.

Zoom reference to be noted on next Agenda (same as FNOSM) ID#:82854430680 P/W:065997

Closing: AI-Anon/Alateen Declaration. Read by all